Dance Exam Revision

Each person has their own way of revising subject matter. I’m handing you the topics, which will be covered in the Exam. You need to use the Weebly, the information in the room and your own memory to study.

Topics

OUTCOME 1- Dance Perspectives

Body Actions

Physical Skills

Personal Movement Vocabulary

Group Performance- (Girl on Fire) Expressive Intention, External influences on dance choice

OUTCOME 2- Choreography and Performance

Group Performance- (Smooth Criminal, Rhianna) Expressive Intention, Safe Dance, Performance Practices

OUTCOME 3- Dance Technique and Performance

Solo Performance- Movement vocabulary, Expressive Intention, Rehearsal Practices, Safe Dance practices

Warm Up and Cool Down techniques

Alignment principles

OUTCOME 4- Awareness and maintenance of the dancer’s body

Musculo- skeletal system

Joints

Muscle Actions

Body Maintenance

Preventing and managing injury

Malalignment